

### **Vision**

*Justice for all crime victims.*

### **Mission Statement**

*With compassion and respect, we assist victims of sexual assault, domestic violence, homicide, and other violent crimes through crisis response, advocacy, therapy, and community awareness.*

### **Palm Beach County Victim Services**

*is a Certified Rape Crisis Center that provides therapy services to all crime victims in Palm Beach County regardless of the victims' race, sex, color, religion, national origin, disability, sexual orientation, marital status, familial status or gender identity or expression.*

### **Start by Believing**



**Start by Believing:**  
A Public Awareness  
Campaign to  
Change the Way

We Respond to Sexual Violence in Our  
Community... one response at a time.

**YOUR REACTION  
MAKES THE DIFFERENCE.**

When someone tells you they've  
been raped, there's a simple response.  
*Start by Believing.*

### **Palm Beach County Public Safety Department Victim Services Division**

[www.pbcgov.org/publicsafety/victimservices](http://www.pbcgov.org/publicsafety/victimservices)

**24/7 SEXUAL ASSAULT  
VIOLENT CRIME HELPLINE**  
**HELPLINE: (561) 833-7273**  
**TOLL FREE: (866) 891-7273**

#### **Main Courthouse**

205 North Dixie Hwy., Suite 5.1100  
West Palm Beach, FL 33401  
(561) 355-2418 option 3  
TTY: (561) 233-2595

#### **Victim Services SART Center**

4210 North Australian Ave.  
West Palm Beach, FL 33407  
(561) 625-2568 option 1  
TTY: (561) 624-6520

#### **North County Courthouse**

3188 PGA Blvd., Suite 1436  
Palm Beach Gardens, FL 33410  
(561) 355-2418 option 3  
TTY: (561) 624-6643

#### **South County Courthouse**

200 West Atlantic Ave., Suite 1E-301  
Delray Beach, FL 33444  
(561) 274-1500  
TTY: (561) 274-1015

#### **West County-Glades Courthouse**

2976 State Road 15, 2nd Floor  
Belle Glade, FL 33430  
(561) 996-4871  
TTY: (561) 992-1113

Like Us on



PBCVictimServices

Services are funded through Palm Beach County Board of  
County Commissioners with grants from the Office of the  
Attorney General and Florida Council Against Sexual Violence.



Palm Beach County  
Board of County Commissioners

Rev. May 2019



Palm Beach County  
Public Safety Department  
Victim Services Division

**Victim Services  
& Certified  
Rape Crisis Center  
Therapy Services**

*Serving Victims of Violent Crimes*



**Have You Been  
A Victim Of A Crime?  
Do You Experience  
Any Of The Following?**

- \* Inability to fall or stay asleep?
- \* Feeling anxious or depressed?
- \* Having outbursts of anger?
- \* Inability to concentrate?
- \* Feeling emotionally numb?
- \* Loss of interest in the things you used to enjoy?
- \* Painful memories of the traumatic event?
- \* Bad dreams about the traumatic event?
- \* Flashbacks or a sense of reliving the events?
- \* Racing thoughts?
- \* Physiological stress response to reminders of the event? (pounding heart, rapid breathing, nausea, muscle tension, sweating)



Palm Beach County provides equality of services and care to everyone, regardless of people's age, disability, gender, gender identity, race, religion or belief or sexual orientation.

**Services Provided**

*Free services include individual therapy for children and adults and adult-support groups.*

*If you are a crime victim or have been a victim of crime in the past and are considering therapy, we welcome your call.*

*Therapists are available for appointments Monday through Friday, excluding legal holidays.*

**Therapists Will Help You:**

- ❖ Identify trauma reactions
- ❖ Explore the impact that trauma has on your daily life
- ❖ Reduce the intensity of negative emotional responses and symptoms
- ❖ Learn about common trauma reactions and phases in healing
- ❖ Feel hopeful and positive regarding the future
- ❖ Develop coping mechanisms to utilize when thinking or talking about the crime
- ❖ Experience a reduction of trauma symptoms
- ❖ Return to work or school
- ❖ Explore the impact on current and future relationships

**Therapy For  
Children & Teenagers**

- ❖ Assessment and treatment for child victims of crime
- ❖ Therapeutic interventions that teach child safety
- ❖ Play Therapy
- ❖ Assistance for parents during this difficult time

**Signs Of Trauma In Children**

- ❖ **Sadness:** The child may feel despondent or hopeless. The child may cry easily or withdraw/isolate from others.
- ❖ **Loss of interest in activities:** The child may complain of feeling "bored" or reject offers to participate in activities they have previously enjoyed.
- ❖ **Anxiety:** The child may become anxious and tense, and feel panic.
- ❖ **Turmoil:** The child may feel worried and irritable. The child may lash out in anger resulting from the distress he/she is feeling.
- ❖ **Regression:** The child may revert to acting like a baby, bedwetting, clinging and demanding extra care.