

# Color me Healthy

Color Me Healthy is a program developed to reach limited resources children ages four and five. It provides fun, innovative, interactive learning opportunities on physical activity and healthy eating. The program is designed to stimulate all of the senses of young children: touch, smell, sight, sound, and of course taste. Color Me Healthy uses color, music and exploration of the senses to teach children that healthy food and physical activity are fun!

Please, answer the following questions.

1. What is the name of the program?
  - a) Color with Me
  - b) Color me Healthy
  - c) Healthy Eating
2. This program reaches children between the ages of
  - a) 3-4
  - b) 4-5
  - c) 5-6
3. What are the five senses of young children?
  - a) Touch, Walking, Talking, Laughing, Eating
  - b) Touch, Sight, Hearing, Thinking, Talking
  - c) Touch, Smell, Sight, Sound, Taste
4. What is the color of the program?
  - a) Red
  - b) Blue
  - c) There is no color
5. This program is about
  - a) Physical Activity and Eating Healthy
  - b) Learning Color
  - c) Children Playing