

## Division of Senior Services

### Locations

#### Administration Office

810 Datura Street, Suite 300  
West Palm Beach, FL 33401  
Tel: (561) 355-4746  
Fax: (561) 355-3222

#### North County Senior Center

5217 Northlake Blvd.  
Palm Beach Gardens, FL 33418  
Tel: (561) 694-5435  
Fax: (561) 694-9611

#### North County Adult Day Care

5217 Northlake Blvd.  
Palm Beach Gardens, FL 33418  
Tel: (561) 694-5440  
Fax: (561) 493-7245

#### Mid County Senior Center

3680 Lake Worth Road  
Lake Worth, FL 33461  
Tel: (561) 357-7100  
Fax: (561) 357-7114

#### Mid County Adult Day Care

3680 Lake Worth Road  
Lake Worth, FL 33461  
Tel: (561) 355-4746  
Fax: (561) 357-7133

#### West County Senior Center

2916 State Road #15  
Belle Glade, FL 33430  
Tel: (561) 996-4808  
Fax: (561) 992-1011



**Palm Beach County  
Board of County Commissioners**

Division of Senior Services (DOSS) is funded by the Palm Beach County Board of County Commissioners, the Area Agency on Aging, Palm Beach/Treasure Coast, Inc. (AAA) and Florida Department of Elder Affairs (DOEA) for individuals who are age 60 or older per the eligibility guidelines established by the Older Americans Act (OAA).



**Palm Beach County Department of  
Community Services**

## Division of Senior Services



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## Division of Senior Services

### Mission

Division of Senior Services (DOSS) mission is to provide accessible and high-quality services to help seniors 60 and older attain optimal independence and promote quality of life for seniors and their caregivers.

### Goals

DOSS goals are to administer to seniors a comprehensive range of programs that provides social and emotional well-being; to encourage independence; and to support seniors and their caregivers within the community with dignity and choice.

### Programs

DOSS provides information and assistance to aid senior residents age 60 and older and their caregivers. DOSS encourages informed choices that enhance quality of life for seniors.

- Emergency Home Energy Assistance for the Elderly Program (EHEAP)
- Grandparents Medical and Dental Reimbursement Program (caregivers of minor grandchildren)
- Outreach
- Volunteerism

### Nutrition Program

This program provides well-balanced, diversified meals, fosters social interaction, and provides access to nutrition education and counseling to seniors age 60 or older. Meals are served Monday-Friday at twenty-seven (27) Congregate Meal Site locations. Reservations must be made at least 1-day in advance. Transportation may be available through Palm Tran Connection. **For more information, please call the Nutrition Program at 561-355-4746 or 4755.**

### In-Home Services

Most homebound seniors in need of long-term care services prefer to get help in their home. Experienced staff provides in-home assessments to determine each senior's individual needs; coordinates and manages the following in home services:

- **Companionship** *visits to a socially or geographically isolated senior*
- **Counseling** *mental health counseling with home visits*
- **Respite Care** *reprieve for the caregiver caring for an ill or impaired elder*
- **Chore** *heavy house cleaning*
- **Escort** *accompaniment and assistance to medical appointments*
- **Pest Control** *help to rid the house of insects and other pests*
- **Homemaker** *light housekeeping, shopping, errands and laundry services*
- **Personal Care** *assistance with bathing, washing hair and dressing*
- **Home Delivered Meals** *nutritionally balanced meals delivered to seniors who are unable to prepare their own meals and/or cannot shop for food, and do not have anyone to shop or prepare meals*
- **Interpreter** *translating oral or written communication (English/Spanish/Creole)*
- **Shopping Assistance** *transportation to and from store and assistance with shopping*
- **Emergency Alert Response** *monitoring homebound frail elderly by means of an electronic device*
- **Specialized Medical Supplies** *consumable, durable medical equipment and services*

**For more information on in-home services please call**



### Adult Day Care Centers

Adult Day Care emphasizes social and recreational activities in a group setting, with some health monitoring.

Clients attending Adult Day Care usually do not need medical attention during the day, but may need supervision for safety and activities of daily living. **For more information, please call 561-355-4746.**

### Senior Centers

The Senior Centers sponsors a wide range of classes, programs and activities to promote healthy and independent living for seniors 60 years and older. No membership or fee is required. Participants complete a confidential registration form with contact information. There is a minimal fee for some classes.

The Senior Centers feature a multi-purpose room, classroom/exercise room, also available for rent. In addition to classes, activities and programs, seniors are welcome to drop in for coffee, cards and conversation.

The Centers are open from 8 a.m. to 5 p.m. Monday through Friday with hot lunch served daily for a minimum donation. Social events range from dances and holiday parties to trips and informal gatherings. A Newsletter published for seniors details activities and is mailed monthly to those registered at the Centers. **For more information, please call 561-355-4746.**

DOSS has been designated as a lead agency to administer programs for the elderly by the Area Agency on Aging, Palm Beach/Treasure Coast, Inc. (AAA)