

To register, please include
the completed registration form below and
check or money order made payable to:

Board of County Commissioners

Mail to:

Palm Beach County Extension
University of Florida/IFAS
Family and Consumer Sciences
559 North Military Trail
West Palm Beach, FL 33415-1311

Name _____

Center _____

Daytime Phone _____

Name and Date of Training(s)

Total Amount Enclosed \$ _____

For more information, please call
Family and Consumer Sciences
at 561-233-1742.

Training Opportunities

for
*Early Care and
Education Personnel*

**Summer ~ Fall
2009**

Offered by:
Palm Beach County Extension
University of Florida/IFAS
Family and Consumer Sciences



**All classes listed in this booklet
will be held at:**

**Palm Beach County Extension
559 North Military Trail
West Palm Beach, FL 33415
561-233-1742
(unless otherwise noted)**



Each class is limited to 40 participants.

All registrations must be received by
5:00pm the Friday before the
class participant wishes to attend.

For refunds to be made,
participants must cancel prior to the class.

Maisielin Ross
Certified Family Life Educator
Extension Agent

MR  *ILC*  6/09

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IFAS, UNIVERSITY OF FLORIDA, U.S. DEPARTMENT OF AGRICULTURE,
AND BOARDS OF COUNTY COMMISSIONERS COOPERATING.

Autism Spectrum Disorders - Part 2

6:00pm-8:00pm ♦ Tuesday ♦ November 17

\$20.00 ♦ .2 CEU/2 hours in-service credit

Since early care and education practitioners have knowledge about normal child development, and because they see many children, they can easily make comparisons. Knowledge about Autism Spectrum Disorders (ASDs) will help practitioners have a better understanding about how to handle children with ASDs in the child care setting, and how to best work with parents. In this session, practitioners will learn about each Autism Spectrum Disorder as well as the common characteristics of these disorders.

This is the second of a 3-part series. The third part will be offered in early spring, 2010. Practitioners are encouraged to attend all three parts to get the most out of the series.



Summer ~ Fall 2009

The Learning Brain: Words and Numbers in Early Childhood

6:00pm-8:00pm ♦ Tuesday ♦ August 18

\$20.00 ♦ .2 CEU/2 hours in-service credit

The human brain determines what can be learned, how much, and how fast. Language and its components - phonemes, vocabulary, and grammar are mastered in early childhood using powerful learning mechanisms that help children to learn, simply by listening to and interacting with adults and other children. Is there a sensitive period for learning and distinguishing between sounds? Do young children have the ability to add and subtract spontaneously? This workshop will provide answers to these questions and more.



Children's Food Allergies: What Can Early Care Practitioners Do?

6:00pm-8:00pm ♦ Tuesday ♦ September 29

\$20.00 ♦ .2 CEU/2 hours in-service credit

Managing food allergies at day care centers can be challenging. Education, communication and cooperation are the keys to preventing allergic reactions in schools. In this session an introduction to food allergies, the most common food allergies, what practitioners can do to prevent reactions and following procedures will be addressed.

Autism Spectrum: Child Development Ages 7 Months to 5 Years - Part 1

6:00pm-8:00pm ♦ Tuesday ♦ October 13

\$20.00 ♦ .2 CEU/2 hours in-service credit

Roughly 1 in 150 children is diagnosed with an autism spectrum disorder (ASD) and many will come through the early care setting. Knowing about the disorders will help practitioners be better prepared to work with these children and their families as they enter the child care setting. This session will cover developmental milestones of ages 7 months to 5 years, as well as red flags in the developmental process that could be associated with Autism Spectrum Disorders or other developmental problems.

This is the first of a 3-part series. Practitioners are encouraged to attend all three parts to get the most out of the series.



Planning Menus for Children of Diverse Background

6:00pm-8:00pm ♦ Tuesday ♦ October 27

\$20.00 ♦ .2 CEU/2 hours in-service credit

Planning menus for children in South Florida can be interesting. When children come to school they may be used to a different kind of food and many times they refuse to eat what is served. Attending to the nutritional needs of children of such a diverse background as in South Florida will be addressed in this workshop. At end of the workshop practitioners will be able to plan and evaluate menus following USDA guidelines and including various ethnic groups.