Agenda Item #: 3.M.3.

12-3-07

Date

PALM BEACH COUNTY BOARD OF COUNTY COMMISSIONERS

AGENDA ITEM SUMMARY

Meeting Date: December	18, 2007	[X] Consent [] Ordinance	[] Regular [] Public Hearing
Department: Parks and	Recreation		
Submitted By: Parks and	Recreation Department		
Submitted For: Parks and	Recreation Department		
	I. EXECUTIVE BR	<u>IEF</u>	
Funding Form for School I	ecommends motion to rece Board Recreation Assistance Bount not-to-exceed \$8,150 for	Program (RAP) pro	ject for Cypress Trails
accordance with the Interloc	ed Request for Funding Form al Agreement for the funding ion Assistance Program (RAI	of RAP Projects (R20	03-1747), as amended
(R2003-1747), as amended terms and conditions for all \$100,000 and approves the operational projects to provisetting forth project description these forms and amendment the Request for Funding Foreceive and file agenda item.	eation: The Interlocal Agree, was adopted by the Board to School Board RAP capital are use of the Request for Fide necessary project informations, time frames, and budget to designated School Districtions and any subsequent and to keep the Board apprised to for proper recording and budget for proper recording and budget.	o streamline the RAP and operational projects unding Form for Schation for establishing eas. The Agreement also and County staff. Funendments are present all approved County	process. It establishes a up to a set amount of lool Board capital and eligibility of projects and delegates signature of ully executed originals of the Board as a RAP allocations to the
Attachment: Request for F	unding Form		
Recommended by:	Department Director	Date	11-26-07

Assistant County Administrator

II. FISCAL IMPACT ANALYSIS

A. Five Year Summary of Fiscal Impact:							
Fiscal Years	2008	2009	2010	2011	2012		
Capital Expenditures Operating Costs External Revenues Program Income (County) In-Kind Match (County)	-0- 8,150 -0- -0- -0-	-0- -0- -0- -0- -0-	-0- -0- -0- -0- -0-	-0- -0- -0- -0-	-0- -0- -0- -0- -0-		
NET FISCAL IMPACT	8,150	0-	0-	0-	<u>-0-</u>		
# ADDITIONAL FTE POSITIONS (Cumulative)							
Is Item Included in Current Budget? Yes X No Budget Account No.: Fund 3600 Department 583 Unit R906 Object 8101 Program NA							
B. Recommended Sources of Funds/Summary of Fiscal Impact:							
Recreation Assistance Program							
Cypress Trails Elementary School Health/Fitness/Family Program District 6 3600-583-R906-165-8101 \$8,150							
C. Departmental Fiscal Review:		ckopelakis					
III. REVIEW COMMENTS							
A. OFMB Fiscal and/or Contract Development and Control Comments:							
OFMB OFMB							
B. Legal Sufficiency: This item complies with current							
Anne Odyant Assistant County Attorne		07	County police	jies.			
C. Other Department Review:							
Department Director							

REVISED 10/95 ADM FORM 01

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RECREATION ASSISTANCE PROGRAM (RAP) REQUEST FOR FUNDING FORM FOR SCHOOL BOARD OPERATIONAL PROJECTS

NAME OF SCHOOL: Cypress Trails Elementary School

ADDRESS OF SCHOOL: 133 Park Road North, Royal Palm Beach, FL 33411

PROJECT: Brain Gym - Health/Fitness/Family Community School Program

PRINCIPAL: Gale Fulford

PROJECT CONTACT PERSON INFORMATION - (address, phone number): Gale Fulford, Principal – Cypress Trails Elementary. 133 Park Road North, Royal Palm Beach, FL 33411

COST ESTIMATE FOR TOTAL PROJECT: \$8,150.00

INITIATION DATE: July, 2007

COMPLETION DATE: June, 2008 8/31/08 of S

PROJECT DESCRIPTION:

Cypress Trails Elementary is a state graded "A" school with the following academic proficiency data: Reading – 85%, Writing – 94%, Math – 80%. However, only 23% of our 872 students passed the President's Physical Education Fitness Exam. Currently, Cypress Trails includes Double Dutch, Jump Rope and Marathon Walking Clubs in it's Recreational After School program 2 days a week for approximately 30 students who would otherwise be subject to latch key activities such as video games and t.v. This request is for additional funding for a physical education assistant to implement the Brain Gym program for 3 hours a day. The program impact would increase to 300 students per week. The objectives are: 1. To increase the number of students able to pass the President's Physical Fitness Assessment by 25%. Objective 2: To teach brain compatible physical activities which will reduce stress and facilitate learning throughout the school day for all students. Objective 3: Host Family Health and Fitness Nights where parents and students learn together about the positive results of regular physical activity.

<u>PUBLIC PURPOSE</u>: 1. To provide meaningful after school and physical activity as an alternative to video games and television. It will help develop physically fit citizens who will gain life long positive attitudes towards healthy lifestyles.

RECREATIONAL OR CULTURAL ARTS COMPONENT: 1. Students will increase their physical fitness by participation in the brain gym program. The activities will be as

follows: 1. Students will be involved in physical fitness at least 3 times per fine arts rotation. 2. Students will work on brain gym activities with the classroom teacher on those days when the students are not enrolled in the activities listed in #1 above. 3. The P.E. Assistant along with the PTO and the After School Director will create Family Health and Fitness Nights where participants will rotate through several stations including yoga, line dancing, cheerleading, tae kwon do and calisthenics. Stations may include activities to build speed, endurance, flexibility and agility. Families may also walk-a-mile together. At the program's conclusion, they will be able to sample healthy foods and listen to talks conducted by the school nurse and other community health representatives.

PROJECT ELEMENTS/PROJECT BUDGET:

P.E. Assistant - \$8,000.00 And other miscellaneous expenses \$8,150.005 Healthy Snacks - \$150.00

TO BE COMPLETED BY THE COUNTY:
AMOUNT OF FUNDING AWARDED: \$8,150.00

FROM COUNTY COMMISSION DISTRICT: 6

SIGNED: APPROVED AS TO FORM AND LEGAL SUFFICIENCY

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By: VYY\\

Chief Operating Office

County Attorney

Director - Parks and Recreation

Date 10-26-07