

JOINT BOARD MEETING AGENDA
March 16, 2010, 2:00 – 4:00 PM
McEaddy Conference Room, 12th Floor Governmental Center
301 North Olive Avenue
West Palm Beach, FL 33401

1. Call to Order

- A. Roll Call
- B. Invocation
- C. Pledge of Allegiance
- D. Introductions
- E. Welcome (BCC Chairman Burt Aaronson and
HCDPBC Chairman Jonathan Satter)

2. Discussion Items

- A. Health Planning Process for 2010 (Alina Alonso, M.D.)
- B. Key Priorities for the Health Care District (Dwight D. Chenette) [Pages 1-3]
- C. Edward J. Healey Rehabilitation and Nursing Center Development
(Ronald J. Wiewora, M.D., M.P.H.) [Pages 4-8]
- D. Lakeside Medical Center (Dwight D. Chenette)
- E. Legislative Initiatives (Dwight D. Chenette/Brad Merriman)
- F. 2011 Budget Development (Jon Van Arnam/Joe Doucette/Mark Knight)

3. Commissioner Comments on Non-Agenda Items

4. Public Comment

5. Adjournment

**JOINT MEETING OF
PALM BEACH COUNTY BOARD OF COUNTY COMMISSIONERS
HEALTH CARE DISTRICT BOARD
March 16, 2010**

1. Description: Key Priorities for the Health Care District

2. Summary:

During today's recessed economy, the safety-net established by the Health Care District is more important than ever. This agenda item provides a high level overview of programs and services provided by the Health Care District and reports on the key priorities for the organization.

3. Substantive Analysis:

The Health Care District was established more than twenty (20) years ago to improve access to healthcare services for residents of Palm Beach County. Because it is nearly impossible to be everything to everybody, programs were developed to fill in several gaps and improve the public welfare. Below is a summary of the volume of services provided by the District each year:

- Over two (2) million services delivered by doctors, hospitals and other providers.
- Nearly one hundred thousand (100,000) primary care office visits.
- More than nineteen thousand (19,000) hospital days and fourteen thousand (14,000) ER visits paid.
- Approximately four hundred thousand (400,000) prescriptions filled.
- Over six hundred eighty thousand (680,000) visits to the health room in schools.
- All trauma alert patients receiving timely lifesaving medical care.

Below is a summary of many programs administered by the Health Care District:

Health Coverage – Uninsured residents of Palm Beach County may be eligible for health coverage programs offered by the Health Care District. The District administers several programs to promote health coverage and establish residents with a medical home.

- **Coordinated Care** – The Coordinated Care program provides coverage to uninsured residents who satisfy certain eligibility requirements. Residents who are eligible for Medicaid or Medicare are not eligible for assistance with the Health Care District. Income requirements for Coordinated Care are up to 150% of the Federal Poverty Level (FPL) (individual \$16,200 and

**JOINT MEETING OF
PALM BEACH COUNTY BOARD OF COUNTY COMMISSIONERS
HEALTH CARE DISTRICT BOARD
March 16, 2010**

family of 4 \$33,075) and satisfy asset, residency and identification requirements.

- **Vita Health** – In an effort to provide coverage to more individuals, the Health Care District began offering Vita Health. Vita Health fills in some gaps when an individual is not eligible for Coordinated Care and their employer does not offer or the individual cannot afford health insurance. Income up to 300% FPL (individual \$32,490 and family of 4 \$66,150).
- **Medicaid Match** – Palm Beach County and the Health Care District provide a local source of funding for the Medicaid program. After the tenth (10th) day of hospitalization, the State share is paid for by the county and in Palm Beach County, it is a shared responsibility between the District and the County Commission.

Trauma – The Health Care District organizes the Trauma system that includes Trauma Hawk helicopters, trauma centers at Delray Medical Center and St. Mary's Medical Center and a multi-disciplinary quality assurance process.

Pharmacy – The Health Care District operates pharmacies in the Health Department's Federally Qualified Health Centers and assists with pharmaceuticals administration in the event of natural or man-made public health emergencies.

School Health – In approximately 170 schools, the Health Care District operates the health room which is staffed by a RN.

Edward J Healey Nursing and Rehabilitation Center – On 45th Street, we operate the Healey Center which is a little different than what you would expect of a nursing home. The average age of a patient is in the fifties (50s) with several patients suffering traumatic injuries.

Lakeside Medical Center – Lakeside provides hospital care to residents that live near Lake Okeechobee.

Academic Affiliations – The District is actively involved in several academic programs. For example in nursing, there are programs at the Healey Center, in School Health and at Lakeside. In nursing, the District works with Palm Beach Atlantic, South University, Florida Atlantic University, Palm Beach State College, Keiser, School District and the Academy of Nursing. The District also has academic programs in Pharmacy, Emergency Medical Technicians, and Radiology.

**JOINT MEETING OF
PALM BEACH COUNTY BOARD OF COUNTY COMMISSIONERS
HEALTH CARE DISTRICT BOARD
March 16, 2010**

Ron Weiwora, MD, MPH, Chief Medical Officer provides oversight for many of these programs and also serves as the Program Director of the Public Health / General Preventive Medicine Residency at the PBC Health Department. Six physicians are currently in training.

Health Care District Priorities

Continuing to Operate Our Safety Net of Services – In a challenging financial time the District continues to provide a large scope of diverse services to the community. A key strategy to accomplishing the District mission is maintaining the enhanced access that continues to be achieved.

Coordinate Local Health Initiative with State and Federal Changes – The District is monitoring federal bills that are being discussed on health reform. Several provisions in the federal reform to expand coverage mirror some programs we have implemented locally. Both the state and federal actions will be important to track and coordinate with over time.

Healey Center Development – In order to continue delivering long term skilled care, the Health Care District is developing a new Healey Center. Information on this initiative appears under separate cover.

Promote a Medical Home - The District will continue to promote a medical home for residents through a network of Primary Care Physicians, Federally Qualified Health Centers and Free Clinics. The District's network includes over one hundred twenty (120) primary care physicians delivering care in more than 150 locations.

4. Recommendation:

Information is being provided for reference purposes only.

**JOINT MEETING OF
PALM BEACH COUNTY BOARD OF COUNTY COMMISSIONERS
HEALTH CARE DISTRICT BOARD
March 16, 2010**

1. Description: Update on the Edward J. Healey Rehabilitation and Nursing Center Replacement Project

2. Summary:

The Health Care District Board has completed a review process and voted to proceed with building a replacement for the Edward J. Healey Rehabilitation and Nursing Center. This item summarizes the review process and asks the Board of County Commissioners for assistance in evaluating county land holdings for a suitable site.

3. Substantive Analysis:

The Edward J. Healey Rehabilitation and Nursing Center has been in operation since 1917. It began service to the residents of Palm Beach County as a hospital for the poor and was first called The Poor Farm. In the 1950s, the focus of the center switched to long-term care and the Palm Beach County Home became licensed as a skilled nursing facility. In 1995, Palm Beach County and the Health Care District entered into an interlocal agreement wherein the District would operate the facility. In 2002, the name was changed in memory of Edward J. Healey, a state representative and commissioner on the Health Care District Board.

In 2008, the District conducted a formal review of the Healey Center and then appointed an ad hoc committee to bring back recommendations. The information below was reviewed by that committee and presented to the District Board.

HEALEY CENTER MISSION

The mission for the Healey Center was discussed and refined. The following is the final version of the mission statement:

“The Edward J. Healey Rehabilitation and Nursing Center is committed to providing the underserved and medically needy residents of Palm Beach County with compassionate long-term and rehabilitative care by supporting our residents’ physical, social, emotional and spiritual needs and by promoting, to the extent feasible, access to a continuum of long-term care services and settings.”

Long-Term Care is defined by the U.S. Department of Health and Human Services as the variety of services and supports to meet health or personal care needs over an

**JOINT MEETING OF
PALM BEACH COUNTY BOARD OF COUNTY COMMISSIONERS
HEALTH CARE DISTRICT BOARD
March 16, 2010**

extended period of time. Most long-term care is non-skilled personal care assistance, such as help performing everyday Activities of Daily Living (ADLs), which are

- Bathing
- Dressing
- Using the toilet
- Transferring (to or from bed or chair)
- Caring for incontinence, and
- Eating

INTERLOCAL AGREEMENT

The Health Care District and Palm Beach County entered into a forty-year interlocal agreement in 1995 to provide for both the operation of the Healey Center and to provide for the local Medicaid match. The County provides the District with \$15 million annually to help offset the cost of these two programs. The agreement includes language that the subsidy may be used for other purposes such as:

- Other District program costs
- Services related to the expansion, enhancement or provision of nursing home and long-term care services
- Non-acute care
- Rural health care
- Home health care
- Sub-acute care
- Rehabilitation care and other services

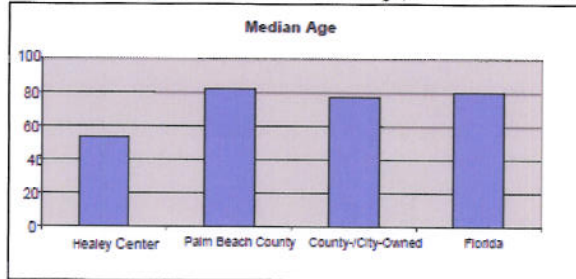
The estimated cost of the Medicaid match program for FY 2009-2010 is \$13,000,000. The budget for the Healey Center for FY 2009-2010 is \$19,000,000.

PROFILE OF HEALEY CENTER RESIDENTS.

The Healey Center serves a unique population of residents. First, the residents are much younger. The average age of a resident of the Healey Center is 52 with the current range in age from 24 to 101 years old. The chart below compares this with the average ages of residents of other types of nursing homes.

**JOINT MEETING OF
PALM BEACH COUNTY BOARD OF COUNTY COMMISSIONERS
HEALTH CARE DISTRICT BOARD
March 16, 2010**

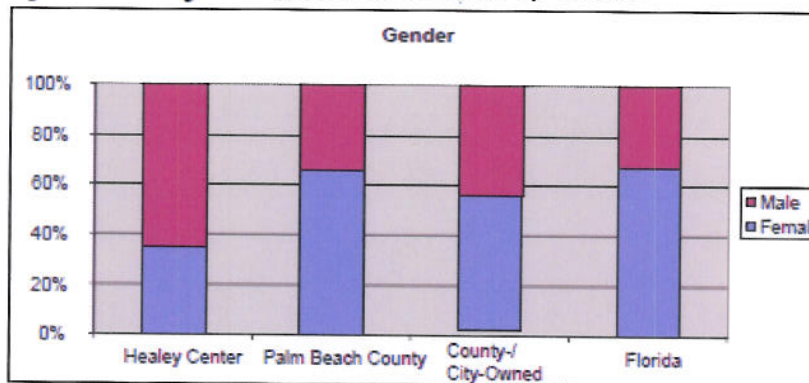
Figure 1
Median Age of Residents of Nursing Homes



Source: MDS II, CMS.

Also, the Healey Center has a higher percentage of men when compared to other nursing homes. Currently 62% of residents are male. The chart below shows how this demographic compares to other nursing homes:

Figure 2
Nursing Home Residents by Gender



Source: MDS II, CMS.

Next, the residents are also more likely to be diagnosed with Traumatic Brain Injury or Spinal Cord Injury. These conditions require more resources for care. The table below compares common diagnoses at nursing homes:

Figure 3
Chronic Conditions in Nursing Home Residents

**JOINT MEETING OF
PALM BEACH COUNTY BOARD OF COUNTY COMMISSIONERS
HEALTH CARE DISTRICT BOARD
March 16, 2010**

Chronic Condition	Healey Center	Palm Beach County	County-/City-Owned	Florida Statewide
Stroke	27.05%	17.08%	17.65%	19.72%
HIV	5.33%	0.86%	1.79%	0.63%
Spinal Cord Injury	10.66%	0.78%	2.34%	0.94%
Traumatic Brain Injury	5.33%	0.21%	2.25%	0.40%
Congestive Heart Failure	3.69%	18.92%	15.40%	21.01%
Asthma/COPD	4.51%	18.14%	16.41%	24.24%
Dementia	7.38%	26.17%	20.10%	29.20%

Source: MDS II, CMS.

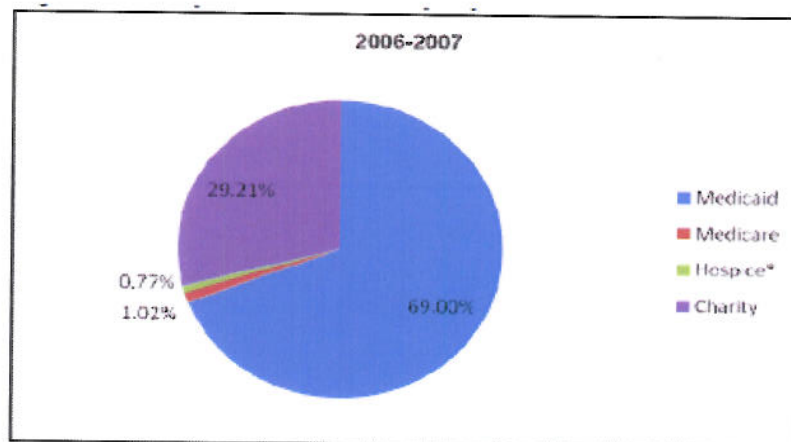
Healey Center residents are more likely to have special needs that are unable to be met in community nursing homes. Tube feedings and ostomy care are examples of high acuity services that are provided to many more residents at the Healey Center as compared to community nursing homes. These high acuity services are associated with greater costs. These services are compared in the chart below:

Figure 4
Comparison of Special Care Services

Type of Care	July 2008		2006 Florida SNF Rate	2006 National SNF Rate
	# of Healey Residents	% of Healey Residents		
Ostomy care	34	32%	5%	4%
Tube feedings	23	21%	7%	6%

Source: Edward J. Healey Health and Rehabilitation Center.

Finally, residents of the Healey Center often have no payment source for their care. The chart below shows the payor sources for residents of the facility:



Source: Health Care District Staff.

**JOINT MEETING OF
PALM BEACH COUNTY BOARD OF COUNTY COMMISSIONERS
HEALTH CARE DISTRICT BOARD
March 16, 2010**

Even though 70% of the residents are covered by Medicaid, the Medicaid per diem rate does not cover the cost of care provided to the residents. The Medicaid cost report for the year 2007 reported a daily cost of \$346.12 for care rendered to residents. The Medicaid reimbursement for this period was \$201.66 leaving a daily shortfall of \$144.46.

RECOMMENDATION OF THE HEALTH CARE DISTRICT BOARD

The Advisory Committee made its presentation to the District Board at the May 19, 2009 meeting. These three recommendations were approved:

- Construct a replacement Healey Center with 120 beds and plan for future expansion as it becomes necessary.
- Defer the commencement of the project until 2010.
- Designate \$25 million in a capital fund for the replacement facility.

REQUEST TO THE BOARD OF COUNTY COMMISSIONERS

The Health Care District Board is requesting the support and assistance of the Board of County Commissioners to investigate opportunities that exist in land holdings of the County and the State of Florida. Meetings have been on-going with staff from both organizations to begin this process. District staff has also been pursuing land through the Palm Beach County Business Development Board and commercial realtors.

4. Recommendation:

Staff requests the two Boards review the information about the review process for the Healey Center Replacement project. The Health Care District Board requests the support and assistance of the Board of County Commissioners to investigate opportunities that exist in land holdings of Palm Beach County and the State of Florida