

Youth Service Bureau

Professional Community-Based Clinical Services

What is Youth Service Bureau?

A three-month community based program providing free therapeutic services to families with children up to age 17.

Services Provided:

- Family Therapy
- Individual Therapy
- Group Therapy

Counseling Issues Addressed:

- Abuse and Neglect
- Behavioral Problems
- Blended Families
- Communication
- Depression/Anxiety
- Family Violence
- Firesetting Behavior
- Grief and Loss
- Parent/Child Relationships
- School-related Concerns
- Separation/Divorce
- Step-Families
- Truancy

Who can contact Youth Service Bureau?

- Parents
- School Personnel
- Law Enforcement
- Community Agencies
- Any child 13 or older may contact us directly to begin services
- Anyone who knows a Child that may need help

Who Qualifies for the Program?

- Families with children through age 17
- Palm Beach County Residents

Education Center

Professional Parenting, Continuing Education & Internship Clinical Services

What is the Education Center?

A community resource for education, training, and professional development. The Education Center provides free services to children, families, school personnel, and mental health professionals in Palm Beach County.

Services Provided:

• Parent Education Skills

Based on STEP Program
Individual
Groups/Classes

• Continuing Education

CE credits for Psychologists, LCSWs,
LMFTs, LMHCs

• Speakers Bureau

Presentations to community agencies
on a variety of topics related to children
and families.

• Annual Resource Fair

• Pre-Doctoral Psychology Internship (APPIC Member)

• Field Placement site for Master's & Doctoral level students



Highridge Family Center

Professional Residential Clinical Services

What is Highridge Family Center?

A three-month free residential treatment program serving at-risk families with adolescents ages 11 through 15 years.

Services Provided:

- Family Therapy
- Individual Therapy
- Group Therapy
- Behavior Management
- Cognitive Behavioral Groups
- Milieu Treatment
- Parent Education
- School Experience
- Recreational Activities
- Nutritional Services

How The Program Works:

- Daily therapeutic services Monday through Friday
- Residential & School Behavior Management
- Parental involvement in weekly family sessions & monthly educational groups
- Residents & families practice new skills at home each weekend

The Facility Has:

- Six (three male and three female) dormitory-style "houses"
- A Palm Beach County School District alternative education school component
- Indoor/Outdoor Recreational facilities
- Nutritional Services

PLEASE CALL FOR ELIGIBILITY

