



Palm Beach County
 Youth Services Department
 Residential Treatment & Family Counseling Division
 Education and Training Center
 PRESENTS



Lunch & Learn

A Spotlight on Mental Health for Women & Girls

Presenter: Brittany Grimshaw Houghtlin, M.S.



REGISTRATION LINK:

[HTTPS://
 WWW.SURVEYMONKEY.COM/
 R/7VN96PZ](https://www.surveymonkey.com/r/7VN96PZ)

*If you have trouble accessing
 the survey, please copy the
 link and paste it directly into
 your browser*

Date & Location

TUESDAY,

MAY 21, 2024

12:00 pm—1:00 pm

**ZOOM REMOTE VIDEO
 CONFERENCE**

Once registration is
 confirmed, link to access
 the training will be
 provided

Description

Mental health plays a significant role in supporting an individual's emotional, psychological, and social well-being. While the importance of mental health remains constant regardless of one's demographic, gender differences can play a role in the prevalence, development, and presentation of mental health concerns.

This presentation will provide an overview of mental health issues and interventions unique to women and girls.



There is no cost associated with this program.